

Time to Fight Back

If somebody has grabbed hold of you or is trying to drag you away it's time to take immediate action.



GET ANGRY !! This is one of the few times that your parents and teachers want you to go **TOTALLY NUTS !!**

Be absolutely determined that your attacker will not take you away and harm you. Turn all of your fear into anger and **EXPLODE WITH RAGE !!**

Clench your hands into hard fists and
Hit Kick Bite Punch Shout

STAY ANGRY !! Keep screaming and shouting all the time

"I'M NOT YOUR CHILD!" or "YOU'RE NOT MY DAD!"

If somebody is dragging you away make it difficult for them. Drop to the ground and wrap your arms around one of their ankles and wrap your legs around their other ankle; then hold on as tightly as possible to make it difficult for them to move or walk.

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If somebody is carrying you away, keep wriggling and squirming and kicking; try to climb up them or down them to make it difficult. Try to get to their feet and grab their ankles as described above.

If you separate from your attacker stay on the ground and keep in front of them. If they try to grab you again kick hard at their knees.

What should you consider when choosing a safe escape route?